

MALE				FEMALE			
No.	Name	Time	Year	No.	Name	Time	Year
1	Terry Mitchell	1:05:45	1992	1	Trudi Thompson	1:17:39	1999
2	Alan Robson	1:06:24	1992	2	Annabel Simpson	1:18:23	2023
3	David Ross	1:07:08	1995	3	Addy Gerrard	1:19:16	2000
4	Cameron Milne	1:07:28	2023	4	Nicola Duncan	1:19:46	2015
5	Terry Mitchell	1:07:49	1996	5	Jennifer Maclean	1:19:53	2013
6	Gregor Booth	1:07:56	1996	6	Roz Alexandra	1:21:10	2005
7	Paul Arcari	1:08:04	2008	7	Roz Alexandra	1:22:22	2004
8	Alex Robertson	1:08:09	1995	8	Trudi Thompson	1:22:26	2005
9	Alan Robson	1:08:10	1994	9	Ann McPhall	1:22:38	1998
10	Mike Carroll	1:08:12	2010	10	Addy Gerrard	1:22:38	1998
MV40				FV40			
No.	Name	Time	Year	No.	Name	Time	Year
1	Don McGregor	1:11:04	1991	1	Addy Gerrard	1:19:16	2000
2	Roddy Bell	1:11:26	1995	2	Gillian Sangster	1:23:18	2014
3	Colin Meek	1:11:26	2001	3	Gillian Sangster	1:23:52	2015
4	Brian Kirkwood	1:12:11	1997	4	Margaret Robertson	1:24:00	1993
5	Brian Howie	1:12:35	1992	5	Lynn Henderson	1:24:34	2014
MV50				FV50			
No.	Name	Time	Year	No.	Name	Time	Year
1	Don McGregor	1:11:04	1991	1	Deborah Gray	1:29:44	2022
2	Pete Cartwright	1:18:55	1998	2	Mary Western	1:30:39	2016
3	Martin Ryan	1:19:28	2005	3	Carol Moss	1:33:36	2017
4	Pat McFarqhar	1:19:43	1994	4	Sheila Bauchop	1:34:08	1997
5	Frank Griffiths	1:19:43	1995	5	Maureen Hill	1:35:08	2012
MV60				FV60			
No.	Name	Time	Year	No.	Name	Time	Year
1	Hamish Scott	1:25:11	1992	1	Lynne Stephen	1:36:07	2019
2	Alan Gibson	1:25:44	2023	2	Nanette Heaney	1:39:55	2018
3	Alan Gibson	1:27:03	2022	3	Margaret Martin	1:43:14	2018
4	Bryce Aitken	1:27:27	2022	4	Elizabeth Gilchrist	1:46:16	2008
5	Colin Black	1:27:41	2000	5	Anne McFarlane	1:46:35	2023
MV70				FV70			
No.	Name	Time	Year	No.	Name	Time	Year
1	Malcolm Hammond	1:38:11	2022	1	Ann White	1:41:56	2023
2	George Black	1:38:53	2013	2	Pamela Pattison	1:58:37	2022
3	John Moran	1:39:48	2017	3	Morna Fleming	2:06:42	2023
4	Malcolm Hammond	1:40:43	2023	4	Jane Macleod	2:10:45	2023
5	Bob Brown	1:43:46	2014	5	Margaret Robertson	2:12:44	2018